GRANDE PRAIRIE REGIONAL COLLEGE COURSE OUTLINE: PY1050 SOCIAL AND INDIVIDUAL BEHAVIOUR Winter Semester, 2003 - 04

INSTRUCTOR : Kendel Tang, Ph.D.

OFFICE No.: C427 OFFICE HOURS: 1:00 - 2:30 p.m., T - Th. OFFICE PHONE No.: 539-2867 EMAIL ADDRESS: ktang@gprc.ab.ca Course Credit Hours: 3 (UT: all Alberta Universities) Student Contact Hours: 3/wk Delivery Mode: Lecture, discussion, and some role-playing Course Prerequisite: PY1040

COURSE DESCRIPTION

Social and Individual Behaviour (PY 1050) is a sequel to Basic Psychological Processes (PY 1040) and together they constitute a general introductory survey of the comprehensive field of psychology. In this course, class lectures, group discussions, panel presentations and role-playing will be utilized to achieve a greater understanding of the intrapersonal and interpersonal aspects of human behaviour and mental processes. The major topics of this course are: human development, intelligence and intelligence testing, personality and the various theories that attempt to explain its nature and development, the relationship between psychological factors and physical health, psychological disorders and the major theories that explain their probable causes and suggest effective treatment approaches, and finally, social and organizational factors that affect attitudes, perceptions, social behaviour, and interpersonal attractions.

This course will also examine the results of experimental, correlational, and clinical studies that contribute to our greater understanding of psychological phenomena as well as shed light on how psychologists and other related professionals arrive at conclusions about the causes, correlates, and consequences of complex human behaviours. The course will also emphasize the relevance and importance of psychology to daily life and future occupational goals.

COURSE OBJECTIVES

The course aims to enable students to achieve the following objectives:

- 1. Acquire a basic understanding of human development and personality theories.
- 2. Become familiar with the concept of intelligence and the ways by which it is assessed..
- 3. Gain basic knowledge and understanding of the mind's role in the development of illness
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as well as in the maintenance and enhancement of physical well-being (health).

- 4. Understand the factors that contribute to or determine the development of psychological disorders and identify the various therapies that are currently used and their theoretical foundation.
- 5. Identify and explain intrapersonal and social factors that determine attitudes, perceptions, love, friendship, prejudice, conflict, obedience, conformity, aggression, and altuism.
- 6. Develop an enlightened tolerance and appreciation for human differences and illustrate some observed applications of psychological concepts, principles, or theories

that occur in real life.

7. Assume greater responsibility for one's own learning through reading the assigned chapters and active involvement in class activities and course assignments.

TEXT

<u>Psychology</u> (3rd ed.) (2001) by S. Kassin. Publisher: Prentice-Hall, Inc. (Use of the accompanying study guide is highly recommended.)

GRADING SYSTEM SCALE TRANSLATION APPROXIMATE % EQUIVALENT 9 Excellent 90 - 100 8 80 - 89 Excellent 72 - 79 7 Good 6 Good 65 - 71 57 - 64 5 Pass 4 Pass 50 - 56 3 Failure 45 - 49 2 Failure 26 - 44 1 Failure 0 - 25

Marks in this course will be weighted as follows:

Average of chapter tests	30%
Midterm exam	20%
Final exam	30%
Paper* (about two typewritten pages)	10%
Class involvement (based on amount of	
participation in class discussions, amount	
and quality of oral or written questions,	
attendance, and other class activities)	10%
Total:	100%

Note: The minimum grade for class involvement is the average of the scores obtained on all tests and exams given in the course. The maximum grade for class involvement is 100% which the instructor may give to students who are highly involved in class activities and have high test scores.

ADDITIONAL COURSE INFORMATION

Students will be held accountable for lectures delivered and for announcements and assignments that will be made in class from time to time. If a student is unable to attend a particular class, it will be his/her responsibility to find out what was missed by asking his support group members. All students are highly expected to achieve an attendance rate of at least 80%. Past class records show that rarely can a grade of 5 be obtained by a student with less than 50% class attendance.

If a student foresees that s/he will be unable to write a test or an exam at a scheduled time, for some valid reason, such as an illness, he or she should notify the instructor immediately,

preferably one day in advance, by leaving a message on the instructor's voice mail (539-2867) or through e-mail (ktang@gprc.ab.ca) together with a phone number where he or she may be reached to arrange an alternative time for writing the test, if feasible. Failure to call without a good explanation will result in a grade of zero for the test that was missed. No penalty will be incurred by a student who can provide an acceptable explanation for missing the test. Students are expected to refrain from making any plans that will prevent them from writing the final exam. If an emergency occurs and a student is unable to write the final exam at the scheduled time and date, s/he should notify the instructor immediately and submit an application to the Registrar's office for permission to write a deferred exam. Read the College policy on deferred exams found in the College calendar.

All students are invited to see the instructor in his office or in the hallway to talk about any concerns or just to further discuss the lecture or course material. Appointments may be arranged outside of posted office hours. No appointment is necessary to see the instructor during the office hours indicated in this course outline. Note that the instructor is your ally in the learning process.

Please keep this course outline for future reference.

STUDENT RECORD OF TEST MARKS

Test 1: ____ Test 2: ____ Test 3: ____

Midterm Exam: _____

Final Exam: ____

*Note Regarding the Typewritten Paper

This paper consists of one application of a psychological principle or theory in daily life. It is a description and explanation of an observed human behaviour, normal or abnormal, past or present, one's own or someone else's, in terms of a psychological principle or theory discussed in the course. The paper should be about two pages (double-spaced) in length, excluding the title page, and may include an optional prediction and proposed control or modification of the behaviour. If you are describing a psychological disorder, you may include the appropriate treatment approach for the disorder as suggested in your textbook. Ensure that you cite the page number in your textbook where the psychological theory or principle that you have utilized to explain the observed behaviour can be found. The paper should have a title and the following side headings: Description of the Behaviour, Explanation of the Behaviour, Prediction of the Behaviour, and Control or Treatment of the Behaviour. For citation and reference format, follow the APA style as shown in the APA Publications Manual, 5th edition. It is essential to cite references for ideas and sentences that are not your own to avoid being guilty of plagiarism. (See page 37 of the College calendar for the definition of plagiarism.) A deduction of 5% from the paper's grade will be imposed for every day that it is late. Please use no cover on your paper.

TIMETABLE PY1050-E3 Winter Semester, 2002 - 03

DATES	TOPICS	TESTS AND EXAMS	
Jan. 8, 10,15	Chapter 10: Infancy and Childhood		
Jan. 17, 22	Chapter 11: Adolescence and Adulthood		
		Test 1: Jan 24/03 (Fri.) on chapters 10 & 11. (60 min.)	
Jan. 29, 31	Chapter 12: Intelligence		
Feb. 5, 7, 12	Chapter 13: Social Influence	Midterm Exam: Feb. 14 (Fri.) on Chapters 10,11,12, & 13 (80 min.)	
Feb. 19	Chapter 14: Social and Cultural Groups		
Feb. 24 - 28	WINTER BREAK		
Mar. 5 Mar. 11, 13, 17	Chapter 14 Chapter 15: Personality		
		Test 2: Mar. 19 (Wed.) on Chapters 14 and 15.	
Mar. 21, 26	Chapter 16: Psychological Disorde	ers	
28 Apr. 2	Chapter 17: Treatment Chapter 17		
		Test 3: Apr. 4 (Fri.) on Chapters 16, & 17.	
Apr. 9, 11,16	Chapter 18: Health and Well-Beir	ng	
April 21 - 30	Final Exam Period	Paper Due: Apr.11 (Fri.)	
		The final exam date will be announced by the Registrar' office.	

Note: The above dates are approximate and tentative. Any changes that may be made to this

timetable will be announced in class in consultation with students present.