

MAR 30 2000

COURSE OUTLINE

PSYCHOLOGY 1050(3): SOCIAL AND INDIVIDUAL BEHAVIOUR

Grande Prairie Regional College through Yellowhead Regional Educational Consortium Hinton Campus

Instructor: Kathleen Beauchemin, Ph.D., C.Psych.

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Class times: Tuesdays 1:00 pm to 4:00 pm

Text: PSYCHOLOGY 1998, (2nd Edition) by Saul Kassin; Prentice Hall: New Jersey. (Chapters 8-18 inclusive). Student Study Guide for Psychology: Kassin.

Have you ever wondered what makes people act, think and feel the way they do? If so, stay tuned, as this is one of the many questions that psychology can answer for you this semester. By the end of this course, you should be well armed with a comprehensive knowledge of basic psychology. The hope is that this new knowledge and understanding of human behavior will be of relevance to and applied in your everyday lives.

Psychology is the **scientific** study of **behaviour and mental processes**. This course is intended as a general introduction to individual and social psychology which builds and expands upon basic psychological principles covered in psychology 1040. Topics will include such things as motivation and emotion, lifespan development, intelligence, social and cultural influences, personality and assessment, psychological disorders and treatment, and health psychology.

Students are expected to attend classes regularly, read the text, and to participate in classroom discussions, demonstrations & experiments. For best performance results, students are advised to complete the study guide following each chapter.

EXAMINATIONS & MARKING: performance will be graded on the basis of:

Homework assignments (2@15%) =30%

Midterm exam =30%

Final exam =40%

* Final mark assigned by conversion to GPRC 9-point grading system.

YEAR 2000 PSYCHOLOGICAL SEMESTER AT A GLANCE:

January 4 th Chapter 8	Motivation
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January 11 th Chapter 9	<i>Emotion</i>
January 18 th Chapters 10	<i>Stages of Life; Infancy and Childhood</i>
January 25 th Chapters 11	<i>Stages of Life; Adolescence and Adulthood</i>
February 1 st Chapter 12	<i>Intelligence</i>
February 8 th Chapter 13	MIDTERM EXAM
February 15 th Chapters 13/14	<i>Social Influences and Cultural Groups</i>
February 22 nd	WINTER BREAK – NO CLASSES
February 29 Chapter 15	<i>Personality</i>
March 7 th Chapter 16	<i>Psychological Disorders</i>
March 14 th Chapter 16	<i>Psychological Disorders</i>
March 21 st Chapter 17	<i>Treatment</i>
March 28 th	SPRING BREAK – NO CLASSES
April 4 th Chapter 18	<i>Health and Wellbeing</i>
April 11 th	<i>Open for Review, Discussion, and or Movie</i>
April 25 th	FINAL EXAM