

**Grande Prairie Regional College**

**Psychology 1050: Social and Individual Behaviour (Section E3)**

**Tuesdays, 6:00 to 8:50 p.m.**  
**Room E306A + Videoconference from Yellowhead and Pembina**  
**January 6 to April 27, 2009**

<b>Instructor:</b> Jo-Anne Tomie <b>Office Number:</b> C205 <b>Office Phone:</b> 780-539-2739 <b>Email:</b> jtomie@gprc.ab.ca  <b>Office Hours:</b> M/W/F: 10:30 a.m. to 12:30 p.m. T: 4:15 to 5:15 p.m. Th: 12:30 to 2:00 p.m. Others: By appointment	<b>Course Credit:</b> 3 <b>Student Contact Hours:</b> 3 per week <b>Transferability:</b> UA, UC, UL, AU, AF, CU, CUC, KUC  <b>Delivery Mode:</b> Lecture & Videoconference <b>Prerequisites:</b> PY1040
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***Course Description:***

This is an introduction to the study of human individuality, personality and social processes. Some aspects of normal and abnormal human behavior, psychological assessment and treatment will be included.

***Required Textbook:***

Gazzaniga, M.S., & Heatherton, T.F. (2006). *Psychological Science (Second Edition)*. New York: W.W. Norton & Company.

***Blackboard:***

Some course resources (course outline, handouts, study questions) will be posted to Blackboard during the term. Blackboard is web-based teaching and learning software that all Grande Prairie Regional College students have access to. Blackboard is located at the following website:

<http://blackboard.gprc.ab.ca>

The first time you log onto Blackboard, use your student ID number as the username, and your birthdate in the form YYYYMmmDD as your password (e.g., 1924Sep05). Future logons are made with your student ID number and your own personal password, that Blackboard will force you to create the first time you logon.

**Course Structure:**

This course will review material from Chapters 1 and 2, and will then cover the majority of the material from Chapters 9 through 15 in the required textbook. Related material from other resources may be included as well.

**Chapter 1: *Introduction to Psychological Science***

Themes, History, and Foundations of Psychological Science; Diversity in Modern Psychological Science

**Chapter 2: *Research Methodology***

Scientific Inquiry; Types of Research, Data Collecting Strategies, and Data Analyzing Tools Used in Psychology. **Related Material:** Psychological Literature Searching, and the APA Publication and Citation Style.

**Chapter 9: *Motivation***

Needs, Drives, Adaptive Behaviors, Social Needs, Personal Goals, Eating, Addiction, Sexual Behavior

**Chapter 10: *Emotions and Health***

Adaptiveness of Emotions, Experience of Emotions, Neurophysiological Basis of Emotions, Stress and Coping, Behaviors influencing Physical Health

**Chapter 11: *Human Development***

Prenatal Development, Infant Development, Childhood Development, Adolescent Development, Adulthood

**Chapter 12: *Personality***

How Personality is Studied, How Personality is Assessed, Biological Basis of Personality, Changeability of Personality

**Chapter 13: *Disorders of Mind and Body***

Mental Disorder Classifications, Anxiety Disorders, Mood Disorders, Schizophrenia, Personality Disorders, Childhood Disorders

**Chapter 14: *Treating Disorders of Mind and Body***

Treatments Options, Effectiveness of Treatments, Treatment of Personality Disorders, Treatment of Childhood Disorders

**Chapter 15: *Social Psychology***

Self-Knowledge, Attitudes, Impressions, Influence of Others, Harmful/Helpful Behaviors, Quality of Relationships

**Evaluation:**

Exam #1 – Tuesday, February 3 <sup>rd</sup>	33%
Exam #2 – Tuesday, March 17 <sup>th</sup>	33%
Final Exam	34%

**Exams:**

The exams will consist of **multiple choice and possibly some short answer questions**, and will be **closed book**. **Exam #1** will be worth 33% of the final grade, will be administered in class on

**Tuesday, February 3<sup>rd</sup>**, and will cover everything covered in class from January 6<sup>th</sup> to January 27<sup>th</sup>, inclusive. **Exam #2** will be worth 33% of the final grade, will be administered in class on **Tuesday, March 17<sup>th</sup>**, and will cover everything covered in class from February 10<sup>th</sup> to March 10<sup>th</sup>, inclusive. The **Final Exam** will be worth 34% of the final grade, will be administered **sometime between April 16<sup>th</sup> and 27<sup>th</sup>, at the time and on the date scheduled by the Registrar's office**, and will cover the **entire course**, with more emphasis on Chapters 13, 14, and 15 than on other material.

**Exam #1 and Exam #2 must be written at the times and on the dates noted above, and the Final Exam must be written at the time and on the date scheduled by the Registrar's office.** The Registrar's final exam schedule should be available by March 1<sup>st</sup>.

**Missed exams will receive grades of zero. Make-up exams will only be administered for valid and documentable medical or related reasons approved by the instructor.**

**The final exam may NOT be written earlier than the Registrar scheduled date.** Deferred final exams may be granted if an examination is missed due to illness, domestic problems, or a conflict with religious beliefs (see page 44 of the 2008-2009 printed GPRC calendar), **but will not be granted for holidays or employment.** To be considered for a deferred final examination, you must notify the Registrar's Office within forty-eight hours (before or after) of the scheduled examination time, and medical documentation may be required. Medical documentation may be required. Deferred examinations must be completed within twenty days of the end of the examination period.

### *Class Attendance*

It is highly recommended that you attend class regularly. You are responsible for knowing all of the material covered in class for examination purposes, and some of the material covered in the class might not be included in the textbook.

### *Letter Grades:*

The following table will be used to convert final percentage averages into a letter grade:

95-100	A+	75-79	B	60-63	C-
90-94	A	70-74	B-	55-59	D+
85-89	A-	67-69	C+	50-54	D
80-84	B+	64-66	C	0-49	F

***Tentative Course Schedule:***

Please NOTE that this schedule is **tentative**, and might change slightly as the term progresses. The material will be covered in the order shown, but might be covered at a slightly different pace. **The dates for the exams are firm, however, and will not change.**

<b>January 6</b>	Introduce this course; Complete Chapter 1; Begin Chapter 2
<b>January 13</b>	Complete Chapter 2; Begin Chapter 9
<b>January 20</b>	Complete Chapter 9; Begin Chapter 10
<b>January 27</b>	Complete Chapter 10
<b>February 3</b>	<b>Exam #1 - Covers all class material from January 6 to 27, inclusive</b> <b>Will be administered during the first half of the class</b> <b>Begin Chapter 11 during second half of class</b>
<b>February 10</b>	Chapter 11, continued
<b>February 17</b>	<b>No Class – Winter Break</b>
<b>February 24</b>	Complete Chapter 11; Begin Chapter 12
<b>March 3</b>	Complete Chapter 12; Begin Chapter 13
<b>March 10</b>	Complete Chapter 13
<b>March 17</b>	<b>Exam #2 – Covers all class material from February 10 to March 10, inclusive</b> <b>Will be administered during the first half of the class</b> <b>Begin Chapter 14 during second half of class</b>
<b>March 24</b>	Chapter 14, continued
<b>March 31</b>	Complete Chapter 14; Begin Chapter 15
<b>April 7</b>	Chapter 15, continued
<b>April 14</b>	Complete Chapter 15; Review Chapters 1, 2, 9 to 15
<b>Final Exam -- Sometime between April 16<sup>th</sup> and 27<sup>th</sup> – Registrar Scheduled</b> <b>Covers Entire Course, with more emphasis on Chapters 13, 14, 15 than on other material</b>	

***Other Noteworthy Dates:***

**January 19** – final date to **Drop** this course from your Fall schedule

**March 1** –Registrar’s Final Exam Schedule should be available

**March 16** – final date to **Withdraw** from this course without academic penalty

### ***Students with Special Needs:***

Students who require special accommodations must register with Disability Services and must inform the instructor about their needs in a timely manner. Registration with Disability Services does take time, and does require submission and review of appropriate documentation. Instructors require reasonable prior notice in order to arrange for needed accommodations.

### ***Classroom Behaviour:***

It is assumed that students are mature and considerate adults, who will behave as such, and who will treat the instructor and all of their fellow students with the utmost respect at all times. Disruptive behavior, such as talking with neighbors during lectures, playing computer games, or emailing or text-messaging others during lectures, etc., is not welcome in this class. You may be asked to leave the classroom if you behave in disrespectful ways. Electronic devices such as cell phones, text-messaging devices, video cameras, audio recorders, i-pods and the like **must be turned off** during classroom time.

### ***Cheating, and Plagiarism:***

If cheating or plagiarism is detected during this course the GPRC ***Student Misconduct: Plagiarism and Cheating*** policy will be immediately invoked. This policy can be seen on the following website:

<http://www.gprc.ab.ca/downloads/documents/Student%20Misconduct%20Plagiarism%20and%20Cheating.pdf>

Cheating and plagiarism are serious academic offences, that can result in failing grades being awarded or in forced withdrawal from GPRC. Cheating and plagiarism are defined on page 49 of the 2008-2009 printed GPRC calendar, in the section about ***Student Conduct, Rights and Responsibilities*** (see pages 47 to 51 of the printed 2008-2009 GPRC calendar). You are encouraged to read this section of the printed calendar, and in particular, page 49.

As noted on page 49 of the 2008-2009 printed GPRC calendar, “Plagiarism involves submitting work (words, ideas, images, or data) in a course as if it were your own work done expressly for that particular course when, in fact, it is not”. “Cheating on tests or examinations includes, but is not limited to” behaviors such as unauthorized communications with others during an examination, or unauthorized use of textbooks, notebooks, or similar resources during an examination. ***“If you voluntarily and consciously aid another student in the commission of one of these offences, you are also guilty of academic misconduct”.***

### ***A Final Note:***

If you have any questions during the term, definitely do feel more than free to consult with me, and I will certainly strive to be as helpful as I can to you. **I do NOT lend out my lecture notes or slides, though, and so please do NOT ask for these! Thanks!**

I hope you all find something in this course that you enjoy, and I look forward to working with you all during this term! ☺

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