

Grande Prairie Regional College

Psychology 1050: Social and Individual Behaviour (Section A3)

Mondays and Wednesdays, 8:30 to 9:50 a.m.

Room E306

January 7 to April 27, 2009

Instructor: Jo-Anne Tomie Office Number: C205 Office Phone: 780-539-2739 Email: jtomie@gprc.ab.ca Office Hours: M/W/F: 10:30 a.m. to 12:30 p.m. T: 4:15 to 5:15 p.m. Th: 12:30 to 2:00 p.m. Others: By appointment	Course Credit: 3 Student Contact Hours: 3 per week Transferability: UA, UC, UL, AU, AF, CU, CUC, KUC Delivery Mode: Lecture Prerequisites: PY1040
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Course Description:

This is an introduction to the study of human individuality, personality and social processes. Some aspects of normal and abnormal human behavior, psychological assessment and treatment will be included.

Required Textbook:

Gazzaniga, M.S., & Heatherton, T.F. (2006). *Psychological Science (Second Edition)*. New York: W.W. Norton & Company.

Blackboard:

Some course resources (course outline, handouts, study questions) will be posted to Blackboard during the term. Blackboard is web-based teaching and learning software that all Grande Prairie Regional College students have access to. Blackboard is located at the following website:

<http://blackboard.gprc.ab.ca>

The first time you log onto Blackboard, use your student ID number as the username, and your birthdate in the form YYYYMmmDD as your password (e.g., 1924Sep05). Future logons are made with your student ID number and your own personal password, that Blackboard will force you to create the first time you logon.

Course Structure:

This course will review material from Chapters 1 and 2, and will then cover the majority of the material from Chapters 9 through 15 in the required textbook. Related material from other resources may be included as well.

Chapter 1: *Introduction to Psychological Science*

Themes, History, and Foundations of Psychological Science; Diversity in Modern Psychological Science

Chapter 2: *Research Methodology*

Scientific Inquiry; Types of Research, Data Collecting Strategies, and Data Analyzing Tools Used in Psychology. ***Related Material:*** Psychological Literature Searching, and the APA Publication and Citation Style.

Chapter 9: *Motivation*

Needs, Drives, Adaptive Behaviors, Social Needs, Personal Goals, Eating, Addiction, Sexual Behavior

Chapter 10: *Emotions and Health*

Adaptiveness of Emotions, Experience of Emotions, Neurophysiological Basis of Emotions, Stress and Coping, Behaviors influencing Physical Health

Chapter 11: *Human Development*

Prenatal Development, Infant Development, Childhood Development, Adolescent Development, Adulthood

Chapter 12: *Personality*

How Personality is Studied, How Personality is Assessed, Biological Basis of Personality, Changeability of Personality

Chapter 13: *Disorders of Mind and Body*

Mental Disorder Classifications, Anxiety Disorders, Mood Disorders, Schizophrenia, Personality Disorders, Childhood Disorders

Chapter 14: *Treating Disorders of Mind and Body*

Treatments Options, Effectiveness of Treatments, Treatment of Personality Disorders, Treatment of Childhood Disorders

Chapter 15: *Social Psychology*

Self-Knowledge, Attitudes, Impressions, Influence of Others, Harmful/Helpful Behaviors, Quality of Relationships

Evaluation:

Exam #1 – Wednesday, February 4 th	33%
Exam #2 – Monday, March 16 th	33%
Final Exam	34%

Exams:

The exams will consist of **multiple choice and possibly some short answer questions**, and will be **closed book**. **Exam #1** will be worth 33% of the final grade, will be administered in class on

Wednesday, February 4th, and will cover everything covered in class from January 7th to February 2nd, inclusive. **Exam #2** will be worth 33% of the final grade, will be administered in class on **Monday, March 16th**, and will cover everything covered in class from February 9th to March 11th, inclusive. The **Final Exam** will be worth 34% of the final grade, will be administered **sometime between April 16th and 27th**, **at the time and on the date scheduled by the Registrar's office**, and will cover the **entire course**, with more emphasis on Chapters 13, 14, and 15 than on other material.

Exam #1 and Exam #2 must be written at the times and on the dates noted above, and the Final Exam must be written at the time and on the date scheduled by the Registrar's office. The Registrar's final exam schedule should be available by March 1st.

Missed exams will receive grades of zero. Make-up exams will only be administered for valid and documentable medical or related reasons approved by the instructor.

The final exam may NOT be written earlier than the Registrar scheduled date. Deferred final exams may be granted if an examination is missed due to illness, domestic problems, or a conflict with religious beliefs (see page 44 of the 2008-2009 printed GPRC calendar), **but will not be granted for holidays or employment.** To be considered for a deferred final examination, you must notify the Registrar's Office within forty-eight hours (before or after) of the scheduled examination time. Medical documentation may be required. Deferred examinations must be completed within twenty days of the end of the examination period.

Class Attendance

It is highly recommended that you attend class regularly. You are responsible for knowing all of the material covered in class for examination purposes, and some of the material covered in the class might not be included in the textbook.

Letter Grades:

The following table will be used to convert final percentage averages into a letter grade:

95-100	A+	75-79	B	60-63	C-
90-94	A	70-74	B-	55-59	D+
85-89	A-	67-69	C+	50-54	D
80-84	B+	64-66	C	0-49	F

Tentative Course Schedule:

Please NOTE that this schedule is **tentative**, and might change slightly as the term progresses. The material will be covered in the order shown, but might be covered at a slightly different pace. **The dates for the exams are firm, however, and will not change.**

January 7	Introduce this course; Begin Chapter 1
January 12	Complete Chapter 1; Begin Chapter 2
January 14	Chapter 2, continued
January 19	Complete Chapter 2; Begin Chapter 9
January 21	Chapter 9, continued
January 26	Complete Chapter 9; Begin Chapter 10
January 28	Chapter 10, continued
February 2	Complete Chapter 10
February 4	Exam #1 - Covers all class material from January 7 to February 2, inclusive
February 9	Begin Chapter 11
February 11	Chapter 11, continued
February 16	No Class – Family Day
February 18	No Class – Winter Break
February 23	Chapter 11, continued
February 25	Complete Chapter 11; Begin Chapter 12
March 2	Chapter 12, continued
March 4	Complete Chapter 12; Begin Chapter 13
March 9	Chapter 13, continued
March 11	Complete Chapter 13
March 16	Exam #2 – Covers all class material from February 9 to March 11, inclusive
March 18	Begin Chapter 14
March 23	Chapter 14, continued
March 25	Complete Chapter 14; Begin Chapter 15
March 30	Chapter 15, continued
April 1	Chapter 15, continued
April 6	Complete Chapter 15
April 8	Begin Chapters 1, 2, 9 to 15 review
April 13	Continue Chapters 1, 2, 9 to 15 review
Final Exam -- Sometime between April 16th and 27th – Registrar Scheduled Covers Entire Course, with more emphasis on Chapters 13, 14, 15 than on other material	

Other Noteworthy Dates:

January 19 – final date to **Drop** this course from your Fall schedule

March 1 –Registrar’s Final Exam Schedule should be available

March 16 – final date to **Withdraw** from this course without academic penalty

Students with Special Needs:

Students who require special accommodations must register with Disability Services and must inform the instructor about their needs in a timely manner. Registration with Disability Services does take time, and does require submission and review of appropriate documentation. Instructors require reasonable prior notice in order to arrange for needed accommodations.

Classroom Behaviour:

It is assumed that students are mature and considerate adults, who will behave as such, and who will treat the instructor and all of their fellow students with the utmost respect at all times. Disruptive behavior, such as talking with neighbors during lectures, playing computer games, or emailing or text-messaging others during lectures, etc., is not welcome in this class. You may be asked to leave the classroom if you behave in disrespectful ways. Electronic devices such as cell phones, text-messaging devices, video cameras, audio recorders, i-pods and the like **must be turned off** during classroom time.

Cheating, and Plagiarism:

If cheating or plagiarism is detected during this course the GPRC ***Student Misconduct: Plagiarism and Cheating*** policy will be immediately invoked. This policy can be seen on the following website:

<http://www.gprc.ab.ca/downloads/documents/Student%20Misconduct%20Plagiarism%20and%20Cheating.pdf>

Cheating and plagiarism are serious academic offences, that can result in failing grades being awarded or in forced withdrawal from GPRC. Cheating and plagiarism are defined on page 49 of the 2008-2009 printed GPRC calendar, in the section about ***Student Conduct, Rights and Responsibilities*** (see pages 47 to 51 of the printed 2008-2009 GPRC calendar). You are encouraged to read this section of the printed calendar, and in particular, page 49.

As noted on page 49 of the 2008-2009 printed GPRC calendar, “Plagiarism involves submitting work (words, ideas, images, or data) in a course as if it were your own work done expressly for that particular course when, in fact, it is not”. “Cheating on tests or examinations includes, but is not limited to” behaviors such as unauthorized communications with others during an examination, or unauthorized use of textbooks, notebooks, or similar resources during an examination. ***“If you voluntarily and consciously aid another student in the commission of one of these offences, you are also guilty of academic misconduct”.***

A Final Note:

If you have any questions during the term, definitely do feel more than free to consult with me, and I will certainly strive to be as helpful as I can to you. **I do NOT lend out my lecture notes or slides, though, and so please do NOT ask for these! Thanks!**

I hope you all find something in this course that you enjoy, and I look forward to working with you all during this term! ☺
