

**COURSE OUTLINE
PSYCHOLOGY 260
MAY/JUNE 1993
KATHI GILMORE INSTRUCTOR**

SEP 1993

TEXT: Understanding Human Behaviour, Sixth Edition by James V. McConnell, Holt, Rinehart and Winston, Inc. 1989

Learning Psychology Student Manual to Accompany Understanding Human Behaviour, Al Siebert and Timothy Walter, Holt, Rinehart and Winston, 1989

CONTENT:

Introduction to Psychology
Structure and Function of the Brain
Biological Rhythms: Sleep, Drugs, and Consciousness
The Senses
Perception and ESP
Introduction to Motivation
Sexual Motivation
Emotion, Stress and Coping
Conditioning and Sensitization
Operant Conditioning and Cognitive Behaviorism
Memory
Cognition
Hypnosis, Pain and Placebos

Learning objectives for each of these topics are outlined at the beginning of each chapter in the Learning Psychology Student Manual.

EVALUATION:

Mid-term Examination	40%	
Final Examination	40%	(Passing Mark 60%)
Study Questions	14%	
Projects	3%	
Summaries	3%	
Overall Passing Mark	60%	

Mid-Term Examination: The Mid-Term Exam will consist of 10-15 multiple choice questions from each topic covered prior to the exam. The questions will be adapted from the Fill-in-the-Blanks, Multiple Choice, and True False questions in the Student Manual.

10% of the exam mark will be based on your explanation of how you are applying the study strategies from "Part 1 How to Do Well in College and Still Have Time for Your Friends" of the Study Guide. I will expect you to identify three strategies from this section, discuss how you are applying them, and the results you are experiencing from doing so.

10% of the exam mark will be based on your explanation of how what you have studied so far in Psychology could apply to Social Work. I will expect you to chose one concept from the course, explain the concept and relate it to Social Work practice.

Final-Examination: The Final Exam will consist of 10-15 multiple choice question from each topic covered after the Mid-term, plus 2-5 questions from each topic covered on the Mid-term. Only the concepts tested on the Mid-term will be tested on the Final. You must get at least 60% on this exam to pass the course. The questions will be adapted from the study questions in the Study Guide.

10% of your mark on the exam will be based in your discussion of one of the Projects you completed. I will expect you to briefly explain what you did, what you observed or experienced, the conclusions you drew from what you observed or experienced and to identify how this project relates to what was covered in the course.

10% of the exam mark will be based on your explanation of how what you have studied since the Mid-term could apply to Social Work. I will expect you to chose one concept from the course, explain it, and relate it to Social Work practice.

Projects: You are expected to complete three (3) of the following Projects from the Study Guide:

1C, 2, 3A, 3B, 4A, 4B, 4D, 5B, 5C, 6A, 7,9A, 10, 11B, 11C, 12, 13A, 13B.

Other Projects may be considered with the consent of the instructor.

If the technical details allow, selected projects from "Psychlearn Computerized Simulation for Introductory Psychology" may also be chosen.

Students working together on a Project must each submit results. Results statements must include:

- A brief description of what you did
- A description of what you observed or experienced
- A discussion of the implications of what you observed or experienced
- An explanation of how this relates to the course

Project results statements may be submitted any time prior to the final examination. No results statements will be accepted after that.

study Questions

Each chapter in the Study Guide contains a section "Predicting Exam Questions" which contains 5 study questions, and asks you to create 5 additional study questions.

At the beginning of most classes (see Timetable) names will be drawn at random. Each person whose name is called will be expected to answer one of the study questions from the previous day's topic(s) and to supply one additional question for the upcoming lesson(s).

If all questions are answered by the first person called on for each question, and if all of these people also supply a question for the upcoming lesson, the entire class will receive two (2) marks for that lesson. If anyone called upon is either not present, or not prepared to answer the question and supply a question, an alternate person will be randomly chosen to answer. In this event, the class will receive one (1) mark for the lesson.

Summaries:

At the end of each class day, you will be expected to summarise in one or two paragraphs one concept that was covered during the day's lesson that could be applied to Social Work practice. You will be expected to briefly explain the concept and relate it to Social Work.

COURSE DELIVERY

James McConnell will be considered the professor for the course. My role will be to guide you through and reinforce the materials he has developed.

Each chapter will receive 3-4 hours of lecture/activity which I will organize. It will include highlights of the key topics in the chapters which I will present verbally and reinforce with overheads and other visuals. I will not give students copies of my lecture notes. If taking notes interferes with your learning I would encourage you to try alternate strategies such as tape recording lectures or having another student share notes with you.

Built into these lessons are activities where you will be asked to do share your personal experiences or explore a topic with one more fellow students.

Remember, you are a walking, talking Psychology laboratory and have been since you were born! Learning Psychology is about giving names to human behaviours. Good teaching of Psychology involves applying the findings from Educational Psychology to the delivery of the course. You have been participating in human behaviours for a long time. All you will have to do in this course is learn the words to go along with them. All expectations and activities for the course have been designed to facilitate this.

Have Fun!!!

I will be happy at any time to explain the reason for anything that is done in the course. I also welcome (and intent to solicit) feedback about how the course is being delivered.

**TIMETABLE
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Monday, May 31	Chapter 1 Introduction to Psychology
Tuesday, June 1	Study Questions Chapter 2 Structure and Function of the Brain
Wednesday, June 2	Study Questions AM: Chapter 3 Biological Rhythms: Sleep, Drugs, and Consciousness PM: Chapter 4 The Senses
Thursday, June 3	Study Questions AM: Chapter 5 Perception and ESP PM: Chapter 6 Introduction to Motivation
Friday, June 4	AM: Mid-term PM: Chapter 7 Sexual Motivation
or	
Friday, June 4	Study Questions AM: Chapter 7 Sexual Motivation PM: Chapter 8 Emotion, Stress and Coping
Monday, June 14	Study Questions AM: Chapter 8 Emotion, Stress, and Coping PM: Chapter 9 Conditioning and Sensitization
or	
Monday, June 14	AM: Mid-term PM: Chapter 9 Conditioning and Sensitization
Tuesday, June 15	Study Questions Chapter 10 Operant Conditioning and Cognitive Behaviorism
Wednesday, June 16	Study Questions AM: Chapter 11 Memory PM: Chapter 12 Cognition
Thursday, June 17	Study Questions Chapter 13 Hypnosis, Pain and Placebos
Friday, June 18	Final Examination (Time to be arranged by the class)