

Department of Practical Nurse & Health Care Aide

## COURSE OUTLINE –WINTER 2024

**NP2130 (A3, S1, S2): Maternity Nursing Theory– 3 (3-1-0) 60 Hours for 15 Weeks**

Northwestern Polytechnic acknowledges that our campuses are located on Treaty 8 territory, the ancestral and present-day home to many diverse First Nations, Metis, and Inuit people. We are grateful to work, live and learn on the traditional territory of Duncan's First Nation, Horse Lake First Nation and Sturgeon Lake Cree Nation, who are the original caretakers of this land.

We acknowledge the history of this land and we are thankful for the opportunity to walk together in friendship, where we will encourage and promote positive change for present and future generations.

**INSTRUCTOR:** Miranda Retzler, RN, BScN

**OFFICE:** HEC 366

**OFFICE HOURS:** By appointment only

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### CALENDAR DESCRIPTION:

Introduction to concepts, theories, and practices for practical nursing of maternity clients and their families. Focus is on family-centered care and client teaching for child-bearing women families.

Note: Available only to Practical Nursing Students

**PREREQUISITE(S)/COREQUISITE:** NP1400, NP1410, NP1600, NP1450, NP1480/ NP2100, NP2150

### REQUIRED TEXT/RESOURCE MATERIALS:

Perry, S. E., Hockenberry, M. J., Lowdermilk, D. L., Wilson, D., Keenan-Lindsay, L., & Sams, C. A. (2022). *Maternal child nursing care in Canada* (3<sup>rd</sup> ed.). Elsevier.

Potter, P. A., Perry, A. G., Ross-Kerr, J. C., Wood, M.J., Astle, B. J., & Duggleby, W. (2019). *Canadian fundamentals of nursing* (6<sup>th</sup> ed.). Toronto, ON: Elsevier Canada.

Elsevier Adaptive Quizzing (EAQ) 4th edition Next Gen, is available for purchase through the NWP Polytechnic bookstore. This is a required online resource. The EAQ will assist students with preparing to write the CPNRE registration exam. This resource will provide students with a 24-month online review/prep course to use as they progress through the PN program.

Canadian Council for Practical Nurse Regulators [CCPNR] (2013). *Becoming a Licensed Practical Nurse in Canada: Requisite skills and abilities*. Retrieved from <https://www.clpna.com/lpn-knowledge-hub/ccpnr-requisite-skills-and-abilities/>

Canadian Council for Practical Nurse Regulators [CCPNR] (2013). *Code of ethics for Licensed Practical Nurses in Canada*. Retrieved from <https://www.clpna.com/lpn-knowledge-hub/code-of-ethics-for-licensed-practical-nurses-in-canada/>

Canadian Council for Practical Nurse Regulators [CCPNR] (2019). *Entry-level competencies for licensed practical nurses*. Author. Retrieved from <https://www.clpna.com/lpn-knowledge-hub/ccpnr-entry-level-competencies-for-lpns/>

College of Licensed Practical Nurses of Alberta [CLPNA] (2020). *Competency profile for licensed practical nurses* (5th ed.). Author. Retrieved from <https://www.clpna.com/lpn-knowledge-hub/competency-profile-for-lpns-5th-edition-complete/>

**DELIVERY MODE(S):** In person Lecture and Seminar

## **LEARNING OUTCOMES:**

Upon successful completion of NP2130 learners will be able to:

1. Discuss caring in a nurse-client relationship with family as the client.
2. Plan nursing care for a child-bearing family in a variety of healthcare settings.
3. Apply concepts of growth and development, anatomy, physiology, pathophysiology, and pharmacology to maternity clients and their families.
4. Discuss concepts, theories, and practices with family-centered care.
5. Discuss client teaching strategies.
6. Demonstrate therapeutic communication techniques for care of the child-bearing family.

## TRANSFERABILITY:

Please consult the Alberta Transfer Guide for more information. You may check to ensure the transferability of this course at the Alberta Transfer Guide main page <http://www.transferalberta.alberta.ca>

\*\* Grade of D or D+ may not be acceptable for transfer to other post-secondary institutions. **Students are cautioned that it is their responsibility to contact the receiving institutions to ensure transferability.**

## EVALUATIONS:

\*Subject to change\*

| Assignment              | Weight | Date                   | Related Course Learning Outcome |
|-------------------------|--------|------------------------|---------------------------------|
| Assignment #1           | 15%    | Week 8                 | 1, 2, 3, 4, 5, 6                |
| Assignment #2           | 15%    | Week 11                | 1, 2, 3, 4, 5, 6                |
| Clinical Judgement Exam | 20%    | Week 14                | 1, 2, 3, 4, 5, 6                |
| EAQ                     | 15%    | Due by April 15 @ 2359 | 1, 2, 3, 4, 5, 6                |
| Final Exam              | 35%    | In Exam Week           | 1, 2, 3, 4, 5, 6                |

## GRADING CRITERIA:

Please note that most universities will not accept your course for transfer credit **IF** your grade is **less than C-**.

| Alpha Grade | 4-point Equivalent | Percentage Guidelines | Alpha Grade | 4-point Equivalent | Percentage Guidelines |
|-------------|--------------------|-----------------------|-------------|--------------------|-----------------------|
| A+          | 4.0                | 95-100                | C+          | 2.3                | 67-69                 |
| A           | 4.0                | 85-94                 | C           | 2.0                | 63-66                 |
| A-          | 3.7                | 80-84                 | C-          | 1.7                | 60-62                 |
| B+          | 3.3                | 77-79                 | D+          | 1.3                | 55-59                 |
| B           | 3.0                | 73-76                 | D           | 1.0                | 50-54                 |
| B-          | 2.7                | 70-72                 | F           | 0.0                | 00-49                 |

## COURSE SCHEDULE/TENTATIVE TIMELINE:

\*Subject to change\*

| Week    | Topic   | Text Resource                       |
|---------|---|-------------------------------------|
| Week 1  | Introduction to Maternal Nursing<br>Family as Client<br>Perinatal Nursing | Chapter 1<br>Chapter 2<br>Chapter 4 |
| Week 2  | Women's Health  | Chapter 5-6                         |
| Week 3  | Women's Health<br>Pregnancy   | Chapter 7<br>Chapter 9              |
| Week 4  | Pregnancy   | Chapter 10-11                       |
| Week 5  | Pregnancy   | Chapter 12-13                       |
| Week 6  | Pregnancy   | Chapters 14-15                      |
| Week 7  | Reading Week  |                                     |
| Week 8  | Childbirth  | Chapter 16-17                       |
| Week 9  | Childbirth  | Chapters 18-19                      |
| Week 10 | Childbirth  | Chapter 20                          |
| Week 11 | Postpartum Period   | Chapter 21                          |
| Week 12 | Postpartum Period   | Chapter 22                          |
| Week 13 | Postpartum Period   | Chapter 23-24                       |
| Week 14 | CJE & Review  |                                     |
| Week 15 | Final Exam (Scheduled by Registrar's Office)                              |                                     |

## 1. Assignment #1

The purpose of this assignment is to plan nursing care for a child-bearing family, applying knowledge of growth and development, anatomy, physiology, pathophysiology, and pharmacology. The project will delve into the discussion of concepts, theories, and practices related to family-centered care, highlighting effective client teaching strategies and the demonstration of therapeutic communication techniques tailored to the unique needs of the child-bearing family. See the course myClass page for further information.

## 2. Assignment #2

This assignment aims to assess students' ability to apply the knowledge acquired throughout the course, with a focus on the child-bearing family. Students are expected to demonstrate the application of concepts covered thus far, presenting their understanding in a format designated by the instructor. Additional details can be found on the myClass page for the course.

## 3. Clinical Judgement Exam

The purpose of this assignment is for students to demonstrate critical thinking through application of the nursing process. This Exam includes both an in-class, and out of class portion. It is an open-book exam. Students will receive a case-study about a child-bearing family as the client. The students will have to assess, diagnose, plan, implement, and evaluate their plan of care. Refer to the course myClass page for further information.

## 4. EAQ

To be completed on Elsevier EAQ platform. Refer to Appendix A as well as the myClass Course Page for further information.

## 5. Final Exam

The final exam includes all content covered in the course. Question format includes a variety of styles including, but not limited to, multiple choice, short answer, long answer, matching, and select all that apply.

Scheduling of the final exam is set by the Registrar's Office.

## STUDENT RESPONSIBILITIES:

As a student at NWP, you have rights and responsibilities. It is your responsibility to be familiar with the information contained in this Course Outline and the PN Student Handbook and to clarify any areas of concern with the Instructor. It is also your responsibility to be familiar with NWP Policies.

Please take the time to familiarize yourself with the policies that might impact you while you attend NWP:

- NWP Academic Policies, and Students Rights & Responsibilities:  
<https://nwpolytech.ca/about/administration/policies/>
- NWP Practical Nurse Handbook: <https://nwpolytech.ca/doc.php?d=PNHBK>

## STATEMENT ON ACADEMIC MISCONDUCT:

Academic Misconduct will not be tolerated. For a more precise definition of academic misconduct and its consequences, refer to the Student Rights and Responsibilities policy available at <https://www.nwpolytech.ca/about/administration/policies/index.html>.

**\*\*Note:** all Academic and Administrative policies are available on the same page.

## LATE ASSIGNMENT POLICY:

To obtain credit in the course ALL assignments and examinations must be completed. Students are expected to make every effort to complete assignments on time. Assignment submissions are expected on the date determined by faculty. If extensions are necessary, they may be requested up to 48 hours prior to the assignment due date and should be submitted in writing to the faculty member involved. Not all extensions will be granted. In exceptional situations, extension requests within the 48-hour period may be considered. Late assignments will have 5% of total marks (or one letter grade) for the assignment deducted for each day/partial day (including weekend days) beyond the due time. For example, a paper marked at B+ would receive an adjusted grade of B if handed in one day late. After 5 days, a grade of 0 will be awarded to the assignment. If the late penalty

places the grade below the necessary pass grade, students will be unsuccessful in the course. When submitting assignments electronically, it is the student's responsibility to ensure the assignment has been received. Papers/assignments may not be rewritten for a higher grade. Concerns regarding grading are to be discussed with the faculty member involved.

## *Appendix A:*

Elsevier Adaptive Quizzing (EAQ) Grading Guide

### **Total: 15% Grade**

The EAQ is an assessment tool that contains exam style questions and is used to help students both succeed in their courses and to study effectively for the CPNRE. The goal is to achieve mastery through practice. In 2nd year the goal is to achieve a Mastery Level of 2 "Intermediate".

To fulfil the requirements for the EAQ in NP 2130, students will sign into NP 2130 (EAQ 4<sup>th</sup> ed) W24. **No marks will be allocated for students not working within this course.**

To open the assignments, click on Assignments in the left-hand column of the course. There are five assignments that you need to be working in:

*Women's Health/Disorders and Childbearing Health Promotion; Pregnancy, Labor, Childbirth, Postpartum – Uncomplicated; Pregnancy, Labor, Childbirth, Postpartum-At risk; Women's Health and Maternity/Newborn Drugs; Sexuality*

Students are expected to achieve a Mastery Level of **Intermediate** in each of the assignments posted. Students need to achieve a Mastery Level of Intermediate in all 5 subtopic assignments to get full marks.

*\*Note that answering questions correctly will facilitate levelling up more quickly. You can log in as much as you like before the due date.*

*Requirements for marks towards the final EAQ grade are as follows:*

|                              |  |
|------------------------------|--|
| 1 Marks                      | Attempted minimum of 25 questions in each subtopic (5 subtopics), did not reach Mastery in any subtopic  |
| 2 Marks                      | Attempted minimum of 25 questions in each subtopic (5 subtopics) <b>and</b> achieved Mastery level 'Intermediate' in <b>1</b> of the Subtopics     |
| 4 Marks                      | Attempted minimum of 25 questions in each subtopic (5 subtopics) <b>and</b> achieved Mastery level 'Intermediate' in <b>2</b> of the Subtopics     |
| 6 Marks                      | Attempted minimum of 25 questions in each subtopic (5 subtopics) <b>and</b> achieved Mastery level 'Intermediate' in <b>3</b> of the Subtopics     |
| 8 Marks                      | Attempted minimum of 25 questions in each subtopic (5 subtopics) <b>and</b> achieved Mastery level 'Intermediate' in <b>4</b> of the Subtopics     |
| 10 Marks<br>(Full 15% grade) | Attempted minimum of 25 questions in each subtopic (5 subtopics) <b>and</b> achieved Mastery level 'Intermediate' in <b>ALL 5</b> of the Subtopics |