



**DEPARTMENT OF HUMAN SERVICES
HS 1000, Section A3
COURSE OUTLINE – Winter 2011**

INSTRUCTOR: Wenda Housego **PHONE:** 780 - 539 - 2703
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Available by appointment.

**OFFICE
HOURS:**

PREREQUISITE (S)/COREQUISITE:

REQUIRED TEXT/RESOURCE MATERIALS:

Adler, R.B., Proctor, R.F., Towne, N., and Rolls, J. A. (2008) Looking Out Looking In. (3rd Canadian ed.). Scarborough, On: Nelson Thomson Learning and a binder or folder for handouts and plenty of paper.

CALENDAR DESCRIPTION: Students will develop an awareness of, and skills for, interpersonal communication. An understanding of the concepts and principles of interpersonal communication serve as a basis for developing more effective communication skills.

CREDIT/CONTACT HOURS: 2 (30 hours)

DELIVERY MODE (S): Available on campus and also available by distance delivery.

OBJECTIVES:

Upon completion of this course, the student will:

1. Explain why human communication is important and describe the characteristics that define interpersonal communication.
2. Understand the principles that underlie interpersonal communication and identify the components of effective interpersonal communications.
3. Understand the development of self-concept and self-esteem and the role that they play in interpersonal communication.
4. Identify steps to improve self-concept.
5. Gain a clearer understanding of the relationship between perception and communication and develop skills to understand others more effectively.
6. Understand characteristics of our spoken language and apply strategies that are designed to make verbal communication more effective.
7. Identify types of non-verbal communication and explain how they affect our interpersonal relationships.
8. Understand the role our culture plays in the expression of emotions and how emotions impact interpersonal communication.
9. Identify barriers to effective listening and use the skills of active listening to promote effective interpersonal communications.

TRANSFERABILITY:

** Grade of D or D+ may not be acceptable for transfer to other post-secondary institutions. Students are cautioned that it is their responsibility to contact the receiving institutions to ensure transferability.

GRADING CRITERIA:

Writing Assignments	20%
Perception Checking Assignment	20%
Responsible Language Assignment	20%
Exams	30%
Participation	10%

EXAMINATIONS:

There will be a Mid-Term & Final Exam.

STUDENT RESPONSIBILITIES:

The readings on the outline are to be read in preparation for the class date by which they are listed. There will be a review of the material, as well as time for questions from the homework. There will be a variety of interactive activities, including writing assignments, role-play, and discussions. Late assignments will be penalized except in the event of illness or an emergency absence.

Always speak to the instructor if you need to be absent, or if your circumstances

cause you to fall behind in class. It is the responsibility of the student to keep up with all assigned work, either reading or writing. Being prepared for class is expected, even after an absence. For backup, look around the room, select one or two reliable looking people, and exchange phone numbers.

STATEMENT ON PLAGIARISM AND CHEATING:

Please refer to pages 49-50 of the College calendar regarding plagiarism, cheating and the resultant penalties. These are serious issues and will be dealt with severely.

COURSE SCHEDULE/TENTATIVE TIMELINE:

2011 CLASS SCHEDULE Note: This schedule is tentative and subject to change.

Although the instructor feels that all the material in the textbook is important and interesting, limited class time prevents discussion of all the material covered in the text.

You are responsible for learning textbook material that is not discussed in class.

Date	Topic	Reading	Test /Assignment
T Jan 6 /2011	Introductions, Student /instructor expectations.	Review course outline	
R Jan. 11/11	Unit One - Interpersonal Communication	Ch. 1 Pg. 4 –46	
T Jan.13/11 R Jan.18/11	Unit Two – Self Concept and Self Esteem	Ch. 2 Pg. 50 - 78 Skim pg. 79 - 96	
T Jan. 20/11, R Jan.25/11 T Jan 27/11	Unit 3 – Perception and Communications Serving Self Bias & Fundamental Attribution Error	Ch. 3 Pg. 100 – 128 Pg. 128 -146	
R Feb.1/11	Exam 1		Exam 1
T Feb. 3/11	Perception Checking Assignment	Skim pg. 150 – 154 Pg. 164 - 187 Ch. 5 Skim 1st. Part of Ch. 5 Pg. 209 – 225 Pg. 226 – 240	
R Feb.8/11 T Feb.10/11	Unit 4 – The Roles of Emotions and Listening in Interpersonal Communication	Skim pg. 150 – 154 Pg. 164 - 187 Ch. 5 Skim 1st. Part of Ch. 5 Pg. 209 – 225 Pg. 226 – 240	Perception Checking Assignment
R.Feb.15/11	Unit 5 - Verbal and Non-Verbal of Communication	Unit 5 – Continued Ch. 6 Pg. 248 – 260	
T Feb.17/11	Disputing Irrational Thinking	Pg. 268 - 298	

R Feb.17/11	Review		Responsible Language Assignment
T Mar.3/11	Review		Exam 2
R Mar.8/11	Rap Up		