



DEPARTMENT OF HUMAN SERVICES

COURSE OUTLINE – 2012/2013 ACADEMIC YEAR

CD 1020 Health Nutrition and Safety - 2(2-0-0) 30 HOURS

INSTRUCTOR: Theresa A. Suderman. **PHONE:** 780 539-2041
OFFICE: H 204 **E-MAIL:** tsuderman@gprc.ab.ca

OFFICE HOURS: Mondays / Wednesdays 1:00 – 2:30

PREREQUISITE(S)/COREQUISITE: None

REQUIRED TEXT/RESOURCE MATERIALS:

Pimento, B. & Kemested, D. (2009). Healthy foundations in early childhood settings (4th ed.). Toronto, ON: Nelson Education.

CALENDAR DESCRIPTION:

This course provides the knowledge, skills and attitudes required to provide for the basic health, safety and nutritional needs of young children. Requirements for healthy and safe early childhood environments will be identified. The nutritional needs of young children will be established and appropriate menu planning strategies explored. Developmentally appropriate practices and experiences for establishing healthful attitudes in young children are also included.

CREDIT/CONTACT HOURS: 2 credits (30 hours)

DELIVERY MODE(S): In class

ADDITIONAL COSTS:

Costs may also be incurred by the students for the following:

- Photocopying/printing resources.
- Purchasing food for nutrition assignment.

OBJECTIVES: On completion of this course the student will be able to:

1. Assess general safety issues in the indoor and outdoor early childhood setting.
2. Explain practices that provide safe environments and prevent injury in early learning and child care programs.
3. Implement policies and practices to ensure children's well-being.
4. Describe measures which caregivers can use to reduce the incidence/spread of communicable diseases.
5. Describe appropriate practices to promote nutritional and dental health.
6. Plan and implement developmentally appropriate health, safety and nutrition experiences for children to promote wellness.

TRANSFERABILITY:

**** Grade of D or D+ may not be acceptable for transfer to other post-secondary institutions. Students are cautioned that it is their responsibility to contact the receiving institutions to ensure transferability**

Grande Prairie Regional College uses the **ALPHA** grading system. This system is described in the table below.

GRADING CRITERIA:

A final grade of C- must be obtained to pass this course. Final grades are based on the following 4-point system:

Alpha Grade	4-point Equivalence	Percentage
A+	4.0	90-100
A	4.0	85-89
A-	3.7	80-84
B+	3.3	76-79
B	3.0	73-75
B-	2.7	70-72
C+	2.3	67-69
C	2.0	64-66
C-	1.7	60-63
D+	1.3	55-59
D	1.0	50-54
F	0.0	0-49

Please check the GPRC Calendar for course withdrawal dates.

EVALUATION:

Quizzes: 40%

Assignments: 60%

STUDENT RESPONSIBILITIES: It is the right of the student and instructor to experience a favourable learning/teaching experience. It is the responsibility of the student and of the instructor to engage in appropriate adult behavior that positively supports learning. This includes, but is not limited to, treating others with dignity and respect. The student must be familiar with the student rights and responsibilities outlined in the College calendar.

Students are responsible for missed class time, including the gathering of resources handed out during class.

ALL assignments **MUST** be completed and turned in to pass the course.

ALL quizzes **MUST** be completed to pass the course.

It is best, in any and all cases, if there is a valid reason you cannot complete an assignment by the due date AND/OR you know you will not be present in class on the date of a quiz, to inform me ASAP so that we can make other arrangements. I cannot guarantee that if you miss a quiz and do not pre arrange this with me that you will be allowed to take the quiz late.

STATEMENT ON PLAGIARISM AND CHEATING:

Refer to the Student Conduct section of the College Admission Guide at

<http://www.gprc.ab.ca/programs/calendar/> or the College Policy on Student Misconduct: Plagiarism and Cheating at www.gprc.ab.ca/about/administration/policies/**

**Note: all Academic and Administrative policies are available on the same page.

COURSE SCHEDULE/TENTATIVE TIMELINE

Attached

“To be recognized for educational excellence in the fields of early learning & child care and educational assistant training.”