

**GRANDE PRAIRIE REGIONAL COLLEGE  
EARLY CHILDHOOD DEVELOPMENT**

**CD 1020  
HEALTH, SAFETY & NUTRITION**

**Semester:** Winter 2003  
**Credits:** 2  
**Credit Hours:** 30

**Instructor:** Pat Caulfield Fontaine  
**Office:** H128  
**Phone:** (780) 539-2044  
**E-mail:** pcaulfieldfontaine@gprc.ca  
**Office Hours:** By appointment only

**Dates:** January 7, 2003 to February 18, 2003

**Days:** Tuesday  
**Times:** 1:00pm to 4:00pm  
**Location:** Portable B

**Course Description:** This course provides information in meeting the health, safety, and nutrition needs of children in group settings.

**Prerequisites:** None

**Text:** *Healthy Foundations in Child Care* by Barbara Pimento and Deborah Kernsted.

**Additional Materials and Expenses:** You will incur photocopying, film, film developing and laminating expenses. A carpenter's measuring tape is required for one assignment.

**Objectives:** On completion of this course, you will be able to:

- identify the roles and responsibilities of the caregiver with regards to providing for and maintaining health in early childhood programs
- describe and provide for the nutrition needs of children from birth through early childhood
- assess safety and describe preventative practices to protect children's well-being in group settings
- describe health and safety related policies essential to high quality early childhood programs
- develop appropriate health related experiences for children of a variety of different ages

**Assignments:** An assignment package will be provided.

