

GRANDE PRAIRIE REGIONAL COLLEGE

ADULT DEVELOPMENT DEPARTMENT

COURSE OUTLINE

~~1988-~~
1989-90

Course Name: Social Dance (AD055)
Instructor: La Vern Stangeland Office # - A107
Date: November - December 89
Time: 3:45 - 5:45 p.m. Thursday
Room: A 105

Course Objectives:

- to introduce students to the basic steps of the Swing and Two Step.
- to provide students with an opportunity to practice the Swing and Two Step in controlled situations.

Course Content: Students will be introduced to the following:

SWING (sometimes called Jive or Rock 'n Roll)

1. dance position
2. basic step and rhythm
3. men's turn
4. ladies underarm turn
5. lariat
6. sweet heart wrap

TWO STEP (Texas style)

1. dance position
2. basic step and rhythm
3. traveling step - forward and backward
4. balance step and turning
5. ladies underarm turn
6. promenade

Evaluation: Breakdown of marks for entire course

6 classes (5 x 6).....	30 %
5 % per class for punctuality	
3 % per class if a student is late	
0 % if a student is absent	
20 % for participation.....	20 %
1 final practical exam (Dec. 14).....	<u>50 %</u>
Total possible marks for this course.....	100 %