

GRANDE PRAIRIE REGIONAL COLLEGE
ADULT DEVELOPMENT DEPARTMENT

COURSE INFORMATION

1989-90

COURSE OUTLINE: RACQUETBALL AD054

INSTRUCTOR: William T. Shaw
Office: A 108
Telephone: 539-2027, ext. 36

DATE: March - April

TIME: Tuesday 1:30 p.m. - 3:30 p.m.

ROOM: B 105

TEXTBOOK: No textbook required

COURSE DESCRIPTION:

This course will take the student through the various stages of racquetball skills. Areas of concentration will be the serve, forehand and backhand, defensive positioning, rules, and strategies.

COURSE OBJECTIVES:

The student will be able to demonstrate a clear understanding of the skills associated with racquetball and their direct impact to the game.

The student will demonstrate their understanding of the game by judging others during play with rule interpretations.

EVALUATION:

Participation and Attendance	50%
Practical	40%
Assignments	10%
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Total possible mark in this course	100%