

GRANDE PRAIRIE REGIONAL COLLEGE
ADULT DEVELOPMENT DEPARTMENT

COURSE INFORMATION

1989-90

COURSE OUTLINE: CANOEING AD051

INSTRUCTOR: William T. Shaw
Office: A 108
Telephone: 539-2027, ext. 36

DATE: September - October

TIME: Tuesday 1:30 p.m. - 3:30 p.m.

ROOM: B 105

TEXTBOOK: No textbook required

COURSE DESCRIPTION:

Canoe Safety will be the major area of emphasis and its importance to long-term recreational enjoyment. Basic canoe strokes will be introduced in calm, shallow lake waters.

COURSE OBJECTIVES:

- The student will gain a greater understanding of the safety elements associated with canoeing
- The student will gain a greater understanding of basic canoe strokes

EVALUATION:

Participation and Attendance	50%
Practical	40%
Assignments	10%
<hr/>	
Total possible mark in this course	100%